

This newsletter will be put out weekly throughout the summer to keep all RTC members informed of meets, results and other pertinent information concerning the RTC.

RTC - First Charter dated July 1, 1958.

Original Members: Pete Todd (who was elected President--and when was the second election????). Herb Wabnitz, Gary Thompson, Jerry Furhman and Ed Duncan. At this first meeting, the club colors of red and white and the symbol of the track shoe were chosen. Why red and white?--because four of the five original members went to Cortland State--their colors, red and white. The first summer the team won one team trophy and the season ended with 17 club members. Dues were \$2.00 per year. In all, over 1000 different trackmen have been members of the Rochester Track Club over the years. The Club has over 110 team trophies. Since 1958 the RTC has won 15 National Championships. Six years ago the Track & Field News picked the RTC as one of the five top distance teams in the country--a fact that we are mighty proud of.

Trenton Jackson was once a member of the RTC--he represented the U.S. in the 1964 Olympics, pulling up lame in the semi-finals. In 1964 he was named the Outstanding Amateur Athlete in the Niagara Association AAU. Two years ago he was chosen as the first member of the Rochester Track Club "Hall of Fame."

A few people have criticized the idea of having these Tuesday night meets closed to Rochester Track Club members only. Outsiders are the ones that have complained. One comment was heard that I am forcing all trackmen in this area to join "my club." Let it be on record that I am forcing no one to join the RTC. I am conducting these Tuesday evening meets solely for the benefit of the RTC runners; if a runner from Rochester wants to run in these meets, he must join the RTC. If he does not wish to join, he cannot run, but there are many races around the area that he can run in.

Why do I limit the meets to RTC members only? You all know that I am Track Coach at RIT--I had the \$150,000 grass-tex track built to my specifications. Sure it is RIT's track-but it is also my track. I am going to be the Track Coach at RIT for the next 30 years--this is my track--I am responsible for it being built, I am responsible for the upkeep and I want to see it kept in the best possible shape always.

As RIT Track Coach I have received permission to use the track for RTC members. RIT is holding me and the RTC responsible for the track over the summer. I am trying to build up track interest in the Rochester area. I am also trying to build up interest in the Rochester Track Club and I am also trying to build up interest in RIT.

The medals we give out on Tuesday evenings cost the RTC \$1800.00 for the complete summer supply. Why should we make these medals available to members of other clubs? Especially residents of Rochester who run for a rival track club in Buffalo or Brockport. Let these individuals go to Buffalo or elsewhere and run with their club there.

Some of the fellows has asked me why we conduct RTC closed meets instead of AAU track meets. For the record (and it's a long story) let's just say that RTC and I have had many raw deals from the AAU in the Niagara Association. We have always been treated great by the AAU in every other district we have raced in. So, why should I conduct track meets in Rochester and have the AAU state "look what a good program we ran in Rochester this summer."

IF ANYONE DOES NOT LIKE THIS OR THE WAY THE RTC, OR THE TUESDAY EVENING TRACK MEETS ARE CONDUCTED, THEIR RTC DUES WILL GLADLY BE REFUNDED SO THE TRACKMAN CAN BE FREE TO JOIN ANOTHER CLUB OR RUN UNATTACHED IN MEETS OUTSIDE OF ROCHESTER.

Others have asked why \$3.00 dues and what does the \$3.00 go for. You will receive numerous entry blanks over the summer--these cost money, envelopes cost money, stamps cost money, the medals given out Tuesdays cost money, pins cost money, trophies in distance races cost more money than entry fees produce. AAU Club dues are \$24.00. Over the past 15 years, the RTC has cost me personally an average of \$800.00 a year to conduct the club--this is after the dues were used up.

There are many more things on my mind at the moment, but they will have to wait until the next newsletter. When you receive an entry blank for an out of town race you wish to run in, fill out the blank--mail it to the sponsor with the entry fee--then get in touch with me concerning transportation to either receive a ride or drive other members to the meet.

All dues must be paid immediately. You will not be able to compete in any of the RTC meets unless your dues are paid for the year. If you haven't already paid your dues, do so immediately.

Please mail your entries in for the Tuesday evening meets with the required entry fee. Starting with the July 5th meet, the entry fee will be \$.50 per event if pre-registered. If post-entry (signing up Tuesday night) a \$1.00 per event fee will be charged. The whole meet is so much easier to set up and conduct if everyone mails their entry blank and fee ahead of time. Much time is wasted each Tuesday before the meet signing up competitors. This shouldn't be.

If you wish, you could pay and sign up a week ahead of time. There will always be someone at the table to answer questions, take entry fees and blanks, etc. So, sign up this Tuesday for the next Tuesday's meet. It's very simple, and I might add, very helpful to me.

Each week there will be a file on the table with your name on it. Empty your file each week, check over everything in it. There will be a newsletter, entry blanks, results and other pertinent information in it!

Enclosed find a blank for Wednesday, June 21st, please mail this back to me. Note post office box address - P.O. Box 8885 - money is safer this way!

You will be assigned a competitor number Tuesday, June 27th. This will be your permanent number all season. Wear it each and every RTC meet. This is very important--also make sure your number is on all RTC entry blanks.

Because of other commitments and holidays, the first three weekly meets will be Wednesday, June 21st; Tuesday, June 27th; and Wednesday July 5th. All meets after that will be Tuesday evenings throughout the remainder of the summer.

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RTC
NEWSLETTER

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1972

It looks like we are going to have another very successful summer this year, after the first meet last Wednesday. Two new RTC records were established in the rain (only the second rain we have had in four years). Mike Kelly broke Chuck McMullen's 880 record set in 1971 with a 1:52.5 and John Jones broke Kelly's record of 9:12 set in 1969 in the 2 mile. Jones' time was 9:10.6

Concerning AAU Cards: If you are only going to participate in the meets in Rochester at RIT, you do not need to obtain an AAU card. But, if you plan on running in any meets outside of Rochester that are not RTC exclusive meets, you will need an AAU card. You can obtain an AAU application at the sign-up table any Tuesday night.

Starting next Wednesday, July 5th, the cost of post entries (entering at meet) will go up to \$1.00 per event. When mailed early, the price of each event will remain at \$.50 each. I can't begin to tell all members how much easier it is when you send your entry blanks in ahead of time. The whole meet-heats, etc. can be all set and ready to go at 6:00 p.m. each Tuesday night. Please, everyone, try to get your entries in early for each meet.

In your file you will find your Rochester Track Club membership card. Make sure you get it out of your file. Carry your card with you when you use any of the RIT facilities. Show it to any of the authorized people that ask for it. One word caution to all RTC members: Do not abuse the privileges of using the track, locker rooms, weight room, etc., or the privilege of using these facilities will be taken from you.

The number you will see on most entry blanks you receive from RTC - don't worry about it. It is a work order number from Xerox. We have found a member who works on broken Xerox machines and tests new machines, so he can do Xerox work for us, but a work order number must be on most sheets.

Check your RTC number on the board this week and pick up your permanent number. Use this number all summer and put it on all RTC entry blanks.

I'll be out of town until July 5th, so any questions, etc. concerning the club may be answered by contacting Dave Winn.

244-5504.

ROCHESTER TRACK CLUB NEWSLETTER

Vol. 5 - No. 3

1972

Congratulations to Jim Boyle on winning the Webster 10 Mile Road Race last Saturday. Two weeks previously, Jim also won the Vestal, New York Road Race.

I have just returned from the U.S. Deaf Olympic Tryouts in North Carolina. Three of the RTC members made the U.S. Deaf Olympic Team that will be competing in Malmo, Sweden in July 1973. They are: Bob Backofen (10,000 Meters), Albert Dial (440 Yd. Hurdles) and Dean Dunlavey (120 Yd. High Hurdles, 440 Yd. Hurdles, and Triple Jump). Congratulations go out to these RTC members.

I don't know what has happened to our publicity this year. I have called the Democrat and Chronicle each evening after our races are completed and they take the results down, but aside from one little article one day, nothing has been printed. I hope things improve over the summer.

I have sent for a sanction to hold the New York State AAU Track and Field Championships here at RIT on August 12th, but I haven't heard anything yet on whether we can host them or not. So, as of right now, it is still tentative.

I have just received a note from Mr. Carl Roesch (Niagara AAU Track and Field Chairman) that the AAU District Senior Track and Field Championships have been rescheduled for Saturday, August 19th and the 2 man 10 mile relay race in Buffalo has been moved to the 26th of August. Please change the dates on your schedule. Entry blank will be in your folder in a week or two.

Continue to mail your entries in early. From now until the end of the year, a 50¢ entry fee is charged if you mail your blank in early. A \$1.00 per event fee is charged if you post entry (sign up at the table on Tuesday night).

On the schedule you will notice on July 22 and 23, I have listed an Olympic Fund Raiser. This will be a 24-hour relay and I hope everyone in the club is able to run some part of the relay. We will keep track of how many miles we cover in 24 hours. We will work it like the "Hike for Hope" where we will ask each member to get sponsors to give 1¢ per mile that the RTC can cover in 24 hours. I'll have more information on this next week with sponsor sheets, etc. All the money collected will go to the Olympic Team. So, everyone, please start lining up sponsors now.

IMPORTANT - PLEASE READ

On Saturday and Sunday, July 22 and 23, you will notice on the RTC schedule a 24-hour relay - Olympic Fund Raiser.

On Saturday at 12:00 noon, we will start a 24-hour relay; ending at 12:00 noon on Sunday, the 23rd. We are going to try to cover as many miles as possible in 24 hours. It will be a continuous relay of runner, carrying a baton for the 24 hours.

I'd like to have each and every member of the Rochester Track Club participate in the relay, running any amount they wish. You could come out and run 6 - 110's or 10 - 220's or 10 - 440's, etc. The only way we can make it a true Rochester Track Club Team 24-hour relay is for as many members as possible to participate in the run. We don't want 8 or 10 men doing the entire running.

I believe we can cover about 400 miles in the total 24 hour period if we have fresh runners running all 24 hours.

Enclosed you will find a sign-up sheet for sponsors. We will work our run like the "Hike for Hope" where each member signs up as many sponsors as he can possibly get. We will ask each sponsor to donate 1¢ for every mile the Rochester Track Club can run in 24 hours (about 400 miles or about \$4.00 per sponsor). This total amount of money collected will then be turned over to the United State Olympic Team to help sponsor our 1972 Olympic Teams in Munich, Germany later this summer. All these contributions by sponsors are tax deductible, because they are contributing to the Olympic Team.

I feel this is a great way for us to help our United States Olympic Team. We have to put out the effort by running for 24 hours and we must also put out the effort and sign up as many sponsors as each of us can. The more sponsors you sign up, the more money can be raised.

I have challenged all other Niagara District A.A.U. Clubs saying we will raise more money for the Olympic Team than any other club can. Let's show everyone in the A.A.U. we can raise more money than anyone else. Sign up as many sponsors as you possibly can.

The only drawback I foresee is everyone wanting to run Saturday afternoon and nobody showing up to run all night. To help eliminate that we are asking for everyone to sign up for specific hours to carry the baton, so we can be sure fresh runners are continuously running. If you haven't signed up for a specific hour, come out and run anyway at any time during the 24 hours--come 2 or 3 different times. I'm sure there is room and time for everyone to run; 24 hours is a long time. A sign-up sheet will be available at the table each RTC meet or you can call me to either volunteer a time or ask for a dead time to fill up.

At the conclusion of the run, we will inform everyone of the total distance and total amount each sponsor owes. Collect the money as soon afterward as possible. Turn it in to me as soon as possible. I'd like to have everything done and money in by Tuesday, August 15th.

Let's make this 24-hour relay a total Rochester Track Club activity.

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RTC
Newsletter

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1972

The first and most important thing is the upcoming 24-hour relay this Saturday and Sunday. It starts at 12:00 noon Saturday and ends at 12:00 noon Sunday. We want everyone in the club to come out and participate in the 24-hour relay. Also, please sign up as many sponsors as you can at 1¢ per mile for the total miles the RTC can cover. All the money collected will go to the Olympic Team.

Congratulations to the men who entered the College City Meet July 8th and walked away with the team championship. Only a handful of men entered too. Congratulations also go out to Tim McMullen and Dan Ambrose who tied for the individual championship over 63 other runners last Sunday in the RTC Pentathlon.

College City is conducting another meet this Saturday. For details, contact Dave Winn, 244-5504. No entry blanks are available as there are none. As is College City's Club policy, the meet is just supposed to be for top quality runners only. See Dave Winn if you are interested. But remember, we still need all kinds of runners for our 24-hour relay which will be going on at the same time.

Please make sure you are in the right section when you enter and run in a race. Don't run in a "C" race if you are "B" race calibre. It's not fair to you, or the runners in the "C" section, etc.,

Starting with the August 1st meet, there will be a "Novice" race each week. This is a race for anyone who has not won a 1st, 2nd, or 3rd place medal this summer. Also, you must have run in at least one other meet to be eligible for this race. Once you have won one medal, you cannot enter the Novice race. Every week this will give three more members a chance to win a medal.

The calibre of our RTC competition is really increasing from what it was just a few short years ago. You used to be able to win a 1-mile run in 4:30 or a 2-mile run 10:00 flat. Now, those times would finish 8th or 10th in any specific RTC Meet. Outsiders complain that our calibre of performances aren't what they used to be, too. Why do we have to open our RTC Meets to outsiders when we have the competition and calibre we have each week?

I finally got the sanction for the AAU State Meet for August 12th. Entry blanks are enclosed.

We hope to see everyone out here this Saturday and Sunday for the 24-hour relay. Sign up for a specific hour or just come and run, but get here sometime during the relay and run. Most of the older members have volunteered to run during the night, so we ask most of the younger members to run during the afternoon or evening hours. Or bring your sleeping bag and stay during the night and run at different times-- but get here and run sometime.

Last Saturday and Sunday in our 24-hour relay to raise money for the Olympics, we covered a total of 271 miles. I was very disappointed in the number of members who came out to run in the actual relay. Saturday afternoon for 3 1/2 hours (94° heat) there were only 5 of us alternating 440's. With 344 members of the RTC, we should have had more participation. I'd like to thank all the runners who did run in the relay though. I'm sure those who participated felt it was well worth the effort to help our relay and raise money for the Olympic team. I hope everyone signed up as many sponsors as they possibly can. Sign up more now even. You can tell them if they are a sponsor for 1¢ per mile, it will cost them \$2.71 to be used as a contribution to the Olympic Team for Munich, Germany. If you can get more sponsors--please do and then hand your sponsor sheets and money in at any RTC competition or mail a check to me when you have collected all you feel you are able to. All money should be handed in by August 15. We will wait for late sponsors and money until September 1 and then mail our complete check to the United States Olympic Committee to be used for our 1972 Olympic Team. Sign up more sponsors at \$2.71 each.

When you check your file every week, take only the material in the file. DO NOT TAKE THE FILE ITSELF. If you take the file, you will wind up without a file the remainder of the summer. Also, if you have a brother or a friend who isn't at the meet on Tuesday, empty his or her file and give it to them as soon as you can. Help us save postage this way.

Congratulations have to go out to a number of members for setting new RTC records last Tuesday. Laurie Stevens set a female record for the 220 (26.7); George Cook set a record in the 440 hurdles (53.2); and John Jones in the 3-mile (14:02.9). Dean Dunlavey set a new American Deaf Record in the 440 hurdles (57.2) breaking the old record of 57.5.

Mr. Howie Meath, owner of Ruby's Sporting Goods on Clinton Avenue has informed me that he has quite a few pairs of track flats and spikes that he is closing out (Saucony, Brooks, Adidas and Tiger) and is selling at 50% off. Some of them are good shoes and well worth the \$5.50 to \$11.00 per pair he is charging. Stop in and take a look if you are in the market for new track shoes.

Just a reminder to keep sending your entry fees in early. It is so much easier for all concerned when everyone mails their entries and entry fees early. Much time is lost each Tuesday night signing up.

The New York State AAU Track Meet will be held here at RIT on August 12. Let's everyone try to see if they can enter so we can win this meet. It would be a great win for the RTC. Also, please put it on your calendar to go to the Niagara District Track and Field Championships, August 19, in Buffalo. We are defending champions and I'm sure we want to defend our championship and win again this year.

This Saturday is the New York State AAU Track and Field Championships here at RIT. The meet is sponsored by the RTC. I need as much help as everyone can give me that day for officiating. If you are not competing, please come out at 12:30 and offer your services as an official. I need help!!! If we conduct the meet well, we will have it here at RIT every year from now on. If we goof up in running the meet, there is a good chance we will not be awarded the meet in the future. Everyone who can help--please do!!!

The novice race last week really went off well. Remember--you can only run in the novice race if you have never won a medal so far this summer.

Next Saturday, the Niagara District Track and Field Championships will be held in Buffalo. We are the defending champions. Everyone who can--please enter. Send your entry blank in now. Then, get in touch with Dave Winn 244-5504 and let him know what you have entered and if you need a ride, etc. Let's win the championship again this year!!!

Start handing your sponsor sheets and money in from the 24-hour relay. At 1¢ a mile, collect \$2.71 per sponsor for the 271 miles we covered. Rudy Zingler has turned in the most money so far for the Olympic Team--a total of \$63.00 from 29 sponsors. I hope everyone has been as successful as Rudy!!! Hand the sponsor sheets and money in at any RTC meet or mail them to me when you have collected all you can.

I will conduct a masters 1-mile run during the State A.A.U. Track Championships. Although it isn't listed on the entry blank--write it in and mail back to me.

In the Niagara District Relay Championships on July 29th, the RTC won the 1 and 2 mile relays and finished 2nd in the 880 relay. Congratulations to the 6 men who went and represented the RTC in the 3 races. Mike Van Auker finished 2nd in the A.A.U. National Pentathlon Championships the same day.

Congratulations also must go out to John Jones who last Tuesday set a new RTC record in the 2 mile with a time of 8:59.6. Laurie Stephens set a new RTC female 440 record (56.7) and Dave Thomas set a RTC masters record in the Javelin (139'7").

At Phelps last Saturday, the RTC won 1st and 2nd place team trophies as John Jones, Jim Boyle and Tom Doehler finished 2nd, 3rd, and 4th respectively.

RTC
Newsletter

Vol. 5, No. 7

1972

Congratulations to everyone who helped the RTC win the New York State A.A.U. Track and Field Championships here at R.I.T. on August 12th. It was a great team effort and a tremendous win for the RTC. The complete results will be in the next mailing along with all other results not already received and the up-to-date RTC records.

Congratulations also go out to all the RTC members who helped to successfully defend our Niagara District Track Championships last weekend in Buffalo. Our win was even more convincing than last year. Last year we won by 30 points, while this year we won by 53 points. Some of our outstanding runners weren't even there.

I guess one could say that we are getting stronger and stronger each year as we continue to grow in numbers. We now have 362 paid members of the RTC. I believe our Tuesday evening meets and other club races and competition has helped make our club so big and so powerful.

A special thanks must go out to Dave Winn for all the organization, phone calling, ride arranging, etc., that went into the team effort in our last 2 championship wins. Dave does a tremendous amount of work along these lines that many members don't realize. A special thanks must also go out to Rosemary Winn for all her tremendous help at the sign up table each week. The Winn's have been a tremendous help to me in the running of the RTC the last 2 summers. Everyone in the RTC extends a thanks to them both for a job well done.

Another thanks has to go out to Ann Bagley (award) and all the officials who helped us conduct our races all summer. I won't list them all because I would probably miss one or two. A special thanks must go out to Fr. Wesley (head timer), Terry Foley (starter) and Bob Bradley (clerk of course) though. Without these 3 and the other many helpers, our program would be nothing. The fellows all donate their time and effort each week to make the RTC meets a success. Thanks to all of them.

Enclosed is a blank for the RTC banquet. Fill it out and mail back to Dave Winn. Dave is in charge of the banquet this year. Let's have a large turnout as usual. Bring your whole family. If you can, call Dave to see what you can bring (salads, cake, pie, baked beans, etc.) to help keep the expenses down. All the 1972 trophies the RTC has won will be on display. We will also induct Dick Boddie into the RTC "Hall of Fame." Dick was our biggest star back when the RTC was first organized and is the present holder of the RTC record (in the long jump at 23'1-1/2" (oldest record on the list)).