

Enclosed in your file last Tuesday was an entry blank for the College City Track Meet to be held this Saturday in Brockport. This is a good meet with good medals and team trophies - and the competition is pretty good. I would suggest that as many of you that can, sign up for this meet. Make sure you enter as Rochester Track Club. Also, you need to have an AAU card, so if you plan on competing and don't have one, see me.

Also, notice the Eastern Regional AAU meet on the 28th in Buffalo. This should also be a good meet to attend. Send entry blanks and fees in. Also, you need an AAU card for this race. I'll let everyone know next week who to contact for a ride (if you need transportation). If you desire to enter a relay, let me know, the club will pay the relay team entry fee.

If you desire a particular race or event in one of the Tuesday evening meets, let me know and I'll include it. We are always open for suggestions. This is your club, the Tuesday meets are for your benefit and competition. Let me know what you want. It makes absolutely no difference to me what events are contested.

Congratulations go out to Paul Stemmer who had an outstanding week last week. He won the 1500-A race in 3:52.4, breaking Chuck McMullen's 3:56.8 RTC record on Tuesday, then Sunday Paul won the Track Petathlon winning 4 of the 5 events contested.

Congratulations also go out to Jack Coons who broke the 1500 - Masters record last week and the mile -Masters the week before. Before the year is over, I'm sure Jack will smash most all of the Master's records.

There has been a rumor circulating since last winter concerning the funds of the Rochester Track Club. To be specific, the rumor is that I am using RTC funds to support RIT track programs, specifically RIT's track team training trip to Florida each spring. Many 1972 RTC runners have switched over the College City this year because they believed the rumor. The rumor is false, which we will prove in the near future. The ironic part of the rumor concerning RIT's trip to Florida is that the RIT track team sells hot dogs and soda at the championship high school track meets at RIT (that the high schools use free of charge) to pay for their trip. The cost of the trip is \$1,000. Last spring the profit from the sale of hot dogs and soda totaled \$1,077.00. The extra \$77.00 went into the RTC treasury - much to the displeasure of the accounting office at RIT. So you might say RIT money is being used to support RTC programs, just the opposite of the rumor. I'll have more on this at a later date.

I need some help on Tuesday evening putting equipment away in the PE Building and also after the meet mailing entries, etc. I could use 2 or 3 men each Tuesday for about 2 hours. If anyone can help and is willing to volunteer, please do so. It would be greatly appreciated and would help me a lot.

Also, if you are not running on a particular Tuesday evening because of one reason or another, how about coming out to the track and giving a hand officiating. You can never have too many officials, most of the time we have too few.

Please wear your assigned meet number in each RTC event. Put it on your back with 4 pins (one in each corner) so the officials can plainly see it.

RTC membership cards will be in your files either next Tuesday or the following week. They are being printed up now.

RTC Newsletter

Vol. 6 No. 3

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I'm still waiting on the RTC membership cards. They should be in your file by next week.

If any of you in the club plan on competing in the State Championships to be held here at RIT on August 12th, you must have an up-to-date AAU card. See me and get an application immediately. If you are not planning on competing in the meet - come on out anyway and help out with the meet. We need a lot of help to conduct a big championship meet like this.

We are having an invitation mile during the meet and are trying to get some of the best-known runners in the nation to compete. If they do come to compete, I anticipate about 10,000 people at the meet - so we'll need help with crowd control, ticket selling, officiating, etc.

Now that Dave Winn has left the RTC, John Houle has agreed to act as set-up man for the out of town races and the state meet here. His phone number is 586-2907. If you are competing out of town, call John and let him know. Also let him know if you can give someone else a ride to the meet. Let John also know if you need a ride to an out of town meet and he can possibly arrange a ride for you.

On August 4th, the Niagara District AAU Relay Championships will be contested in Buffalo. We will send 1 good team for each race and pay their way. But, should any others desire to compete, you can enter at the RTC "B" or "C" team in the same relay. The club will pay your entry fee if you let me know you desire to enter a "B" team. Again, you need AAU cards.

Enter the State Meet now. we are the defending State Champions and if everyone enters and runs, we can win again. We have the top notch runners to win - but we also have the depth to win. So, everyone, enter if you can, and do so now!

Everyone - get your entries in for the State AAU Championships to be held here on Sunday - August 12th. The entry deadline is set for this Saturday, August 4th. We need everyone to enter if we are to win this meet again. Let's load up every event with all our depth and we can win with our top notch members, plus our overall depth. But, we need everyone to enter. Get your blanks in now - today - immediately!!!

I'm still waiting for our membership cards that are being printed up right now. Be patient - they will be in your files as soon as possible.

I don't know what is the matter with the newspapers on results. I spend about 10 or 15 minutes every Tuesday calling in all results and they print only a couple names or nothing at all. One would think that with such a large following we have and the quality of the meets every week that we could get better coverage. Let's hope it improves in the near future. I'll continue to call the results in each week.

Also, everyone, please get your entries in for the district championships on the 18th of August. We are defending district champs too - so let's try to win again. We can win again if everyone signs up and competes.

RTC NEWSLETTER

Vol. 6 No. 5

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Congratulations go out to Elton Armstrong, Billy Newsome, Chuck McMullen, Jim Holt, Vinny Versage, Paul Steamer, Jack Colcord, Dave Cobb, Paul Karchhoff, and Mike Harsenauer who traveled to Buffalo last weekend and won 3 of the 4 relay championships and placed second in the other in the Niagara District AAU Relay Championships. In the 3 wins, district records were set in all three. A really outstanding performance for these RTC runners. The 2 mile relay team set an RTC record as well.

Congratulations also go out to Jim Boyle who won the Phelps 11.5 mile run in the heat in Phelps on Saturday. Jim ran a strong, smart race.

This Sunday we have the State AAU Track Championships. If you are not competing, please come out and help out at the meet. We need a lot of help with a lot of things.

Everyone - also please send your entries in for the Niagara District Track & Field Championships next Saturday in Buffalo. Mark your blank in immediately to the address on the sheet. We are defending champs - let's win again! We can only win if everyone enters, so do so now.

Contact John Houle (586-2907) when you have sent your entry in. He is coordinating rides. We will leave RTC at 10:30 Saturday morning. Be here by 10:15 and plan on leaving at 10:30. If you can drive, let John Houle know.

Notice the sheet on the RTC Banquet in your file. Mail your blank in to Lee Wirschem. If you can make a salad, etc. (check sheet) let Lee know this also. The banquet is earlier this year to enable more people to attend. It is a good time and more than enough food for everyone. The banquet is next Sunday, August 19th. Let's all try to attend.

I'd like to take this opportunity to thank all you RTC members that came out and donated your time and efforts on Sunday. The meet couldn't have run so smoothly without all the help given. I'd like to personally thank each and every one of you for a tremendous job. I'd like to list everyone's name that helped, but I'm sure I'd forget someone, or didn't even know who all helped - everyone was so cooperative. Just a great big "THANK YOU" to everyone that helped. Everyone - myself, the competitors and the spectators all benefited by your efforts.

Congratulations to the RTC members who competed and helped us to successfully defend our New York State Track & Field Championship. Special congratulations go out to our two State Champions, Tim McMullen (1 mile) and Paul Stemmer (3 Mile).

I'm sure everyone will always remember the great mile run with Dave Wottle edging Dick Buerkle by about 1 inch. It was a tremendous race and I feel that we were very fortunate in being able to host such a race. Possibly in future years we can make this an annual National or World calibre invitation race.

I hope everyone sent their entries in to Buffalo for the district championships. If you didn't and wish to go, let Lee know tonight at the table and I'll call your entry in tonight. If you have signed up for the meet, we will leave RIT (by the track) on Saturday at 10:30. Be here by 10:15 and we will leave at 10:30.

Sunday is the RTC cross country championships at Cobbs Hill. Make sure you change at home as there are no dressing facilities or showers at Cobbs Hill. Because of it being on Sunday, the whole building is locked. Plan accordingly.

Also Sunday is the RTC annual banquet at the Church of the Reformation at 6:00 P.M. Let's all try to attend. For \$1.50 per person, you get as much to eat and drink as you wish. All the trophies at RTC won since last year's banquet will be on display. Also there are other awards given out to some deserving RTC members who have distinguished themselves this year.

The highlight of the year will be the induction into the Rochester Track Club "Hall of Fame" of Jack Coons. Jack was our most outstanding distance runner throughout the early and middle sixties. He still holds many RTC records and is now setting a host of masters records. He will join Trenton Jackson, Ed Duncan, and Dick Boddie in the "Hall of Fame."

If you are planning on attending the banquet, talk to Lee tonight or send in your reservation sheet tonight. We need people to volunteer to bring a salad or a cake, cookies, baked beans, etc.