

January, 1977

The Greater Rochester Track Club wishes you fun, fitness, freedom from injuries and success in your running for the New Year.

This Newsletter will contain mostly results and a look at area Shoe Stores. Because of space limitations, the Jim Boyle interview and the rating of area Indoor Facilities will appear in the next issue.

The response to our first Newsletter was very enthusiastic. We will continue to publish a Race Schedule in every issue and this schedule will be expanded as we hear of more races. If you are on a mailing list or have access to meet information that you do not find here, please pass it on to Bill Quinlisk so that it can be shared with all members via this Newsletter.

CORRECTION: Bill Quinlisk Phone: 385-2916 (Area Code: 716)
84 Dorking Rd. not: 384-2916 as published in
Rochester, N.Y. 14610 last issue.
(call between 6:00-7:00 pm)

All Newsletter and Official Club business should be directed to President Bill Quinlisk at the above address.

Club dues and AAU information should be sent to Secretary Paul Gesell at 4472 Main Street, Hemlock, N.Y. 14466.

CAN YOU HELP US?????

WHERE ARE THEY??????

Can you help us find these people? The first Newsletter was mailed to each of the following and were all returned as undeliverable. If you have information on their whereabouts, please contact Paul Gesell.

Edward R. Owens	126 Eastland Rd.	Rochester	14616
Richard D. Sullivan	1171 Delaware Ave.	Buffalo	14209
Neil Sweezey	2 Squire Circle	Penfield	14526
Derrick Balsam	556 Parsells Ave.	Rochester	14609
Rodney Carter	7 Sycamore St.	Rochester	14620
Wendell Cayton	RD #1	Naples	14512
Alan Gross	378 Elmwood Ave.	Buffalo	14222
Mary Lynch	114 High St.	Manlius	13104
Samuel Payne	Dorchester Apts.	Crambury, NJ	08512
Thomas Van Auker	290 A North Glen Dr	Rochester	14626
Roberta Virsch	Box 413	Avoca	14809
Middle Atlantic Assn. RRN	125 Woodside Ave	Narberth PA	19072
Owen Cramer	6706 Southpoint Dr.	Dallas Tx	75240
Ron Holdraker	249 East Ave/384 Bay Front	Rochester	
Donald L. Grim	241 Alexander St	Roch/7339 Willowbrook, Victor	

SPECIAL TO ALL GRTC MEMBERS

Tickets are now available to the Toronto Maple Leaf Games to be held at Maple Leaf Gardens, Toronto, Ontario, Canada on Fri. night, Feb. 11 beginning at 7:00 pm. This is one of the top Indoor Track Meets in the world and this is your chance to attend. Dan Lashbrook has ticket order forms and his order will be sent Jan. 20. Call Dan at 637-5373 to place your order. Tickets range from \$6.00 to \$12.00. This is a good chance to cheer on your own club as the GRTC will have a 2 Mile Relay team entered in the meet.

RACE SCHEDULE

Jan.	22	Sat	10:00	Age Group Meet	Masten Ave Armory Bflo	Roesch
	23	Sun	1:00	UR/GRTC Indoor Meet	Un of Roch	Quinlisk
	29	Sat	10:00	Age Group Meet	Masten Ave Armory	Roesch
	30	Sun	1:00	GRTC Indoor Meet	Eisenhower College	Quinlisk
Feb	6	Sun	1:00	5 & 10 Mile Road Race	RIT	Blanchard
	12	Sat	12:00	Development Meet	Alfred Univ.	Frechette
	12	Sat	10:00	Age Group Meet	Masten Ave Armory	Roesch
	20	Sun	1:00	GRTC Indoor Meet	Eisenhower College	Quinlisk
	27	Sun	1:00	UR/GRTC Indoor Meet	Un of Roch	Quinlisk
Mar	6	Sun	1:00	7 & 14 Mile Road Race	Mendon Ponds	Blanchard
	12	Sat	12:00	Development Meet	Alfred Univ.	Frechette
	13	Sun	2:00	FLTC Indoor Meet	Cornell Univ.	Hartshorne
	20	Sun	1:00	GRTC Indoor Meet	Eisenhower College	Quinlisk
	20	Sun	?	Boston Qualifier Marathon	Cornell Un.	Hartshorne
	27	Sun	1:00	UR/GRTC Indoor Meet	Un of Roch	Quinlisk
Apr	10	Sun	2:00	FLTC Indoor Meet	Cornell Univ.	Hartshorne
May	8	Sun	2:00	FLTC Indoor Meet & Hour Run		Hartshorne

Special Notes: The FLTC Indoor Meet for February is either 2/6 or 2/20. We'll try to let you know when we have correct date. NOTE: JUST FOUND OUT IT WILL BE 2/6.

Race Contacts: John Blanchard 966 Garden Lane Webster NY 14580
 Derck Frechette Box 578 Alfred NY 14802
 Jim Hartshorne 108 Kay St. Ithaca NY 14850
 Carl J. Roesch Sweet Home Senior H.S. Bflo NY 14221
 716-688-8686

**** USTFF National Indoors Masters Championships **** will be held 1/30/77 at Slippery Rock State College in Slippery Rock, Pa. Age groups range from 30-39, 40-49 and 50 & over. I have one entry blank. Why not give the meet a try - you might find out that you are National caliber in Masters competition. They are running a full slate of events. Contact Bill Quinlisk.

ORDER OF EVENTS for all Finger Lakes Track Club Indoor Meets at Barton Fieldhouse, Cornell University 2/6 ~~xxx2/22~~, 3/13, 4/10, 5/8:

2:00 pm 2 Mile Fast under 11:00 2 Mile Slow over 11:00
 880 Slow over 3:15 3 Mile - one race only
 880 Intermediate 2:20-3:15
 880 Fast Under 2:20
 Mile Slow over 6:00
 Mile Intermediate 5:20-6:00
 Mile Fast under 5:20

NEWS FROM MARK HEINICKE, FLRunnersC: Snow date for Boston Qualifier at Cornell Un. is March 27. March 20 is also Boston Qualifier at Rome, N.Y. For those in that area contact Carl Ilandburg, Rome, N.Y. Phone: 315:337-2249. This is a flat course.

March 27 is 15 Kilometer at Chenge Forks (approx 15 miles north of Binghamton) to start around noon. Contact is Dale Held, Port Road, Box 339, RD 4, Binghamton, N.Y. 13904 - Phone: 607:648-6319.

A LOOK AT THE SHOE STORES

This article is intended as an outline of what running shoes can be found where and for how much. These prices are subject to change at any time.

GRTC Ratings

- | | | | |
|----------|---|---|--|
| 1. (Tie) | Dalbraith Sporting Goods
Sneak & Cleat | Genesee St.
5 Locations | Rochester
Rochester |
| 3. (Tie) | Champions
Gauss
Ruby's
Scott | North St.
South Ave.
S. Clinton
Redman Rd. | Rochester
Rochester
Rochester
Brockport |
| Last | Altiers, Buster Brown, Sears, Penneys, Sibleys, etc., etc.
..... | | |

Dalbraith - Genesee Street Near Brooks
Extensive stock, best prices in town, knowledgeable about running. Nike, New Balance, Brooks, Tiger

Sneak & Cleat - Pittsford Plaza, Main St., Midtown Plaza, Buckmans Pl
Hudson Ave. near Titus
Best stock in town, price range good.
Adidas, Puma, Nike, Tiger

Champions - North St. near Main
Good stock of assorted models, under new management.
Adidas, New Balance, Tiger

Gauss - Poor stock, assorted sizes and models.
South Ave. near Main
Puma, Pony, Bata, Specs, Spot-Bilt, Converse

Ruby's - S. Clinton near Goodman (our Dan Copeland)
Close out on assorted sizes and models
Adidas, Tiger, Spot-Bilt, Brooks

Scotts - 4529 Redman Rd., Brockport 14420 (our own Dan Lashbrook)
moderate inventory, quick delivery, school prices available
best buy - New Balance only

Others - local stores, stock suspect, overpriced, occasional good buy.

Special Notes: Ruby's is closing out its line of running shoes and any shoe in stock can be had for \$9.95. Some good buys here if you have small or extra large feet. Champion's is also having an assorted model close out sale at \$13.00.

It has proven to be very difficult to rate the shoe stores. Each store has its good and poor points. It depends on what you are looking for. Some good buys on specific models and sizes can be found in many of the stores but for consistency, Dalbraith and Sneak & Cleat are tops. The others all have their fine points but lack in either volume or price.

Some random prices around town --

Shoe	S & C	Dalb.	Champ.	Gauss	Scott	Ruby
Adidas						
Country	25.15	*	27.95	28.95	*	*
Rom	21.55	*	23.95	22.40	*	*
SL 72/76	26.95	*	29.95	*	*	*
Varsity	17.95	*	19.95	*	*	*
Lady Dragon	17.95	*	19.95	*	*	*
Nike						
Nylon Cortez	25.15	23.95	*	*	*	*
Leather Cortez	26.05	25.95	*	*	*	*
Waffle Trainer	26.95	26.95	*	*	*	*
Road Runner	*	21.95	*	*	*	*
Boston	*	21.50	*	*	*	*
Brooks						
Villanova II	21.45	19.95	*	*	*	*
New Balance						
320	23.35	25.95	*	*	23.50	*
305	*	23.95	*	*	22.50	*
Competition	*	18.50	*	*	17.50	*
Puma						
9190	26.95	*	*	34.00	*	*
9047/48	17.95	*	*	25.00	*	*
Tiger/Onisuka						
Pinto	16.15	18.95	*	*	*	*
Corsair	26.05	23.50	*	*	*	*
Jayhawk	*	23.75	*	*	*	*
Montreal	*	24.25	*	*	*	*

These prices may change at any time as most of the stores are expecting shipments any day and new price lists.

Many of these stores will give you a discount IF YOU ASK.

Dalbraith will deduct \$1.00 off if you let them know you are with the GRTC. The Sneak & Cleat price is after the discount has been deducted. Again you must ask for it.

The concensus of shoe store salesmen rate the following shoes as tops:

- New Balance 320
- Brooks Villanova II
- New Balance 305
- Nike Road Runner
- Adidas SL 72/76
- Puma 9190

Note: No page 5 in original

INDOOR TOURING TEAM BEGINS SEASON

Under the organizational leadership of Dan Lashbrook, the GRTC Indoor Touring Team began its season in December at an Open meet at Lehigh University.

12/12/76 Lehigh

Mile 1. Al Kleinsasser GRTC 4:15
3 Mile 3. Joe Dailey GRTC 14:08
TJ 3. Ron Hardy GRTC 46-4

Rumor has it that Tom Carter of the GRTC won the Berwick Road Race. We'll check out the story and offer results in the next Newsletter

12/19/76 Cornell

880 1. Joe Daley GRTC 1:58
2. Darryl Green 2:02
8. Roger Tumasonis GRTC 2:12
2 Mile 5. Dave Winn GRTC 9:56

Dan Lashbrook, GRTC Indoor Touring Director, informs us that there are Open Meets available nearly every week in the CNE building in Toronto. For further information contact Dan.

If you think you are good enough or you know someone who is good enough - why not run for the GRTC Indoor Touring Team this winter. Contact Dan Lashbrook, 4529 Redman Rd., Brockport, 14420 716/637-5373.

DID YOU SEE.....

A recent column in the Rochester Democrat & Chronicle by Mike Fowler wrapping up the 1976 Amateur Sports Scene; well - the article said.... "Without question the highlight of the local amateur sports scene was Dick Buerkle's participation in the Montreal Summer Games." The article goes on to tell the story of Dick's (member of the NYAC) Olympic participation and to mention a dozen other local stories from 1976 including Pete Todd's resignation from the Presidency of the then RTC.

What does the article fail to mention?

1. How about Jim Boyle's Marathon streak: high finish at Boston, winner of the Rochester Marathon, 9th place finish at National AAU Marathon in 2:26:55.?
2. How about the merger of clubs to form the GRTC?
3. How about the RTC winning the NY State AAU Track Meet for the 2nd year in a row?

As long as you're talking about amateurs, why not include a sentence or two about some of the true amateur sports people - the runners who run for enjoyment.

The GRTC invites written reader comment on this and other topics.

Next Issue: The long awaited Jim Boyle interview
A rating of Western N.Y. Indoor Tracks
Indoor Race Results
A look at the High School Runners of the Area
Updated Race Schedule

January, 1977

AND WHILE WE ARE ON THE SUBJECT DID YOU ALSO SEE.....

Article on the first page of Section B of the Rochester Times-Union 12/31/76 headed, "1976 in Review" - distance runner Dick Buerkle was classified as a loser. In the Jan. 8, 1977 edition of the Rochester Times-Union, page 6A, Viewpoints-Readers Say four letters in support of Dick Buerkle were published. Three of the four letters were written by GRTC members. The following is the letter written by GRTC member Dave Winn:

"How can you possibly classify Dick Buerkle as one of the year's big losers? With the one-shot, cut-throat trials that this country holds, just making the Olympic team is a tremendous achievement. Dick Buerkle won the final U.S. Olympic 5,000 meter trail and yet he did it against tremendous odds. For example, try training in the cold and snow of Rochester winters while your major competitors are in places like Oregon, Florida and California. Then there was the mysterious pneumonia-like ailment that cut his training time in December and January and reduced him to the point where he was being beaten by local college runners. This would have been enough to stop most people but not Dick Buerkle. Dick regained his form for the AAU's and the Olympic trials. But for an Olympic record-setting trial heat where he ran within six seconds of his best he might have made the final at Montreal too.

If there are any "losers" in this town it's the sportswriters and sportscasters who are quick to get on the bandwagon of a winner but quick to get off when the going gets rough. How can we expect the younger athletes in our community to aspire to be Olympic athletes when they see those who make it ridiculed? by Dave Winn

I picked Dave's letter because he covered everything that was included in all four letters and may I add hurrah to all who wrote in support of Dick. I subscribed to the Rochester Democrat & Chronicle for years and when the National AAU Junior Olympic Multi-Sport competition was held in Ithaca in the summer of 1975 the coverage by the D&C was so poor I canceled my subscription and went to the Times-Union. It was a good thing that I was out fighting a snow storm on Dec. 31 and Jan. 1 and didn't see the Losers article or I would have written the paper too, and canceled my subscription. I may do it anyway if someone doesn't start recognizing amateur track and field in the Rochester area for the lung bursting, body punishing sport that it is.

Paul Gesell, Secretary GRTC

NEWS FROM BOB CAMPBELL, West Roxbury, Mass: Will Rodgers to run at Kzolo, Japan Marathan Feb. 20. Frank Shorter will try for International X-C team while Craig Virgin (Un of Ill Defending NCAA Champion) has been given O.K. by his school to run in International X-C and Don Kardong, Chuck Smead, Juan Niccii are scheduled to run at San Blai, R.R. THESE ARE AND WILL BE RUNNERS IN THE NEWS.

NEWS FROM 91st HIGHLANDERS ATHLETIC ASSOCIATION -
Feb. 19th (Sat. at 10:00 am) Annual International Indoor Track Meet
Entrics close 1/31 with Entry Clerk 91st Highlanders A. A., F.O.
Box 213, Hamilton, Ontario, Canada L8N 3C8
Contact Bill Quinlisk for details.

GRTC CROSS COUNTRY TOURING TEAM SEASON SUMMARY

October 2 at Alfred University: GRTC 15, Alfred Univ. 44. Dave Coyne ran the third fastest time ever on the 5.1 mile course, 26:38 and Derek Frechette, Tom Doehler, Dave Winn and Jim Boyle completed the GRTC 1-2-3-4-5 sweep.

October 9 at Brockport Invitational: GRTC finished 2nd behind Brockport. Dave Coyne was our top finisher over the muddy, rain swept 5.8 mile course in third place. Joe Daley was 5th, Dave Winn was 11th.

October 16 at Bucknell Invitational: Dave Winn was the only GRTC runner, finishing 24th in a field of 150 in 26:44 for 5.2 miles.

October 23 at Lehigh Invitational: GRTC did not have a full team but Rog Tumasonis (8th-26:00), Joe Daley (9th-26:06) and Dave Winn (12th-26:18) competed over 5 miles in a field of 60 runners.

October 30 at GRTC Invitational: GRTC defeated 6 area college teams to win the first annual GRTC Invitational. Joe Daley (25:41), Dave Coyne (25:50) and Dave Winn (25:54) finished 1-2-3 over the five mile course in a field of 80 runners.

November 14 at USTFF Regionals at Penn State: GRTC finished 5th behind the Quantico Marines, Penn State, the Nittany Valley Track Club and the Philadelphia Pioneer Club in a field of 16 teams. Top finishers over the hilly six mile course were Fran Verdoliva (16th-31:18), Dave Coyne (27th-32:03), Tom Carter (29th-32:24), Dave Winn (32nd-32:39) and Tom Doehler (36th-32:52). There were 160 runners in the race.

November 27 at National AAU XC Championships at Philadelphia: GRTC finished 24th out of 32 teams. In the field of 600 runners, the top GRTC finishers were Fran Verdoliva (89th), Dave Coyne (127th), Dave Winn (207th), Jim Boyle (252nd), Pete Clark (289th) and Rog Tumasonis (307th).

1977 GRTC Touring Team Cross Country Schedule

Oct. 1 at Alfred University
Oct. 8 at Penn State (vs. Nittany Valley TC)
Oct. 15 at Penn State Invitational
Oct. 22 at Lehigh University Invitational (Bethlehem, Pa.)
Oct. 29 2nd Annual GRTC XC Invitational (GVP)
Nov. 5 OPEN DATE
Nov. 13 9th Annual USTFF Regional XC Championship (Penn State)
Nov. 19 OPEN DATE
Nov. 26 National AAU XC Championships at Houston, Texas

1977 GRTC "B" Team Touring Cross Country Schedule (if participation warrants)

Oct. 1 at McQuaid Invitational
Oct. 8 at Mansfield (Pa.) Invitational
Oct. 15 at Bucknell (Pa.) Invitational
Oct. 22 at Lehigh Invitational JV Race
Oct. 29 at GRTC Invitational
Nov. 5 OPEN DATE
Nov. 12 at Eisenhower Invitational (Seneca Falls)

RESULTS OF THE 5th ANNUAL ROCHESTER MARATHON - SEPT. 6, 1976 - 8 am

Temperature 49 -- Humidity 57% -- Clear

178 Entrants - 158 Starters - 110 Finishers

<u>Order of Finish</u>	<u>Name & Address</u>	<u>Age</u>	<u>Time</u>
1	Jim Boyle, Rochester	26	2:28:42
2	Max Barr, Kingston, Ontario	21	2:36:17
3	David Bogdan, Buffalo	28	2:38:57
4	Peter Jeffers, Cortland, N.Y.	37	2:39:31
5	Mark Dudzik, Plantsville, Conn.	22	2:39:45
6	David Hancock, Penfield, N.Y.	15	2:46:11
7	Joseph Erskine, Bronx, N.Y.	45	2:46:17
8	James Gray, Cranston, Rhode Island	34	2:48:21
9	Mark Paprocki, Irondequoit, N.Y.	23	2:48:29
10	Robert Ribyat, Syracuse, N.Y.	27	2:48:37
11	Ed Walsh, Rochester	27	2:49:05
12	Mark Howard, Rochester	19	2:51:18
13	Hogni Oskarsson, Rochester	31	2:53:03
14	John Valentine, Rochester	26	2:53:27
15	Dale Ladd, Clifton Springs, N.Y.	29	2:54:44
16	Harry Mason, Toronto, Ontario	32	2:55:42
17	Steven Silberberg, Birmingham, Michigan	25	2:55:46
18	Dan Egy, Albany, N.Y.	31	2:55:49
19	John Butterfield, Corpus Christi, Texas	39	2:56:19
20	Mark Lenfest, Vail, Colorado	29	2:56:55
21	Harold Gabriel, Newton, Massachusetts	35	2:57:24
22	Jesse Kregal, Buffalo, N.Y.	46	2:58:36
23	William Hoon, Pittsburg, Pa.	30	2:58:48
24	Roy Kiggins, Henrietta, N.Y.	38	2:59:32
25	Carl W. Schulze, Trenton, J.J.	31	2:59:43
26	George Sauter, Rochester	16	3:00:09
27	Dave Carbano, Cambridge, Massachusetts	26	3:02:32
28	?		3:03:02
29	John Boyle, Kenmore, N.Y.	24	3:03:55
30	Roger Wheate, Kingston, Ontario	24	3:04:45
31	Eric Royer, Philadelphia, Pa.	38	3:05:08
32	John Dickenson, Hamilton, Ontario	31	3:05:17
33	Gregory Hyatt, Williamsville, N.Y.	22	3:05:28
34	(Mr.) Kay Campbell, Succasunna, N.J.	47	3:06:16
35	Dave Bissell, Niagara Falls, Canada	35	3:06:16
36	John Kendall, Ontario, Canada	43	3:06:16
37	Jack Coons, Canandaigua, N.Y.	38	3:07:38
38	Terry M. O'Bryan, Ilion, N.Y.	36	3:07:42
39	Craig Coon, Rochester, N.Y.	16	3:07:47
40	Bob Sandel, Clifton Springs, N.Y.	42	3:07:59
41	Pete Beckett, Manhasset, N.Y.	42	3:09:10
42	Kevin M. Corey, Buffalo, N.Y.	20	3:10:23
43	Leigh E. Walker, Lewiston, N.Y.	36	3:10:45
44	Joe Shea, Arlington, Virginia	46	3:12:19
45	Mark D. Rosenblum, Pittsford, N.Y.	17	3:12:29
46	Brendan Merriman, Hamilton, Ontario	47	3:12:54
47	Chucky Thoma, Wilkes-Barre, Pennsylvania	25	3:14:35
48	Harold Stannard, London, Ontario	41	3:15:45
49	Miguel Chacour, New York, N.Y.	36	3:16:39
50	Stephen J. Connelly, Rochester	23	3:16:46

ROCHESTER MARATHON RESULTS OF 9/6/76 RACE CONTINUED

Order of Finish	Name and Address	Age	Time
51	Alan R. Nathan, Brookline, Mass.	30	3:17:07
52	Anthony Licata, Fairport, N.Y.	54	3:17:09
53	Edward Sullivan, Kerkwood, N.Y.	29	3:17:32
54	Anthony Wands, Canastota, N.Y.	33	3:17:33
55	Paul Shanahan, Macedon, N.Y.	39	3:17:43
56	Edward Fiorentino, Rochester, N.Y.	17	3:18:13
57	Bruce B. Hallman, Victor, N.Y.	32	3:19:19
58	Bruce Casciere, Mohawk, N.Y.	17	3:19:41
59	Greg Kuzoriz, London, Ontario	29	3:20:29
60	Joe Fernandez, Rochester, N.Y.	52	3:20:35
61	John Blanchard, Webster, N.Y.	34	3:20:48
62	Eugene W. Osborn, Rochester, N.Y.	59	3:21:17
63	Norm Frank, Rochester, N.Y.	45	3:22:36
64	Henry R. Till, Rochester, N.Y.	35	3:23:23
65	Donald Scott Felice, Rochester, N.Y.	18	3:24:20
66	Tom Camis, Fairport, N.Y.	41	3:24:23
67	Mike Leahy, New York, N.Y.	21	3:24:35
68	David M. Rittenhouse, Scottsville, N.Y.	25	3:24:54
69	Bob Kahn, Randolph, N.Y.	25	3:25:36
70	Doug Flis, Hamilton, Ontario	26	3:25:54
71	William J. Baker, Rochester, N.Y.	19	3:27:17
72	Arthur S. Bechhoefer, Ann Arbor, Michigan	41	3:28:36
73	Steve Hiscox, Davenport Center, N.Y.	29	3:28:52
74	Joseph Patla, Fairport, N.Y.	39	3:31:17
75	Henry Ronan, Rochester, N.Y.	39	3:31:25
76	Alfred P. Kremer, Rochester, N.Y.	40	3:31:39
77	Sheppard V. Williams, Rochester, N.Y.	27	3:34:57
78	Len Bagley, Fairport, N.Y.	49	3:34:58
79	Mike Curry, Rochester, N.Y.	37	3:35:17
80	? ?	?	3:35:27
81	Peter A. D'Andrea, Millburn, N.J.	27	3:37:02
82	Jim Palmeri, Rochester, N.Y.	34	3:37:45
83	Charles Kiloski, Dunmore, Pennsylvania	45	3:38:09
84	Joel Zucker, Pearl River, N.Y.	22	3:39:14
85	Gary Horn, Rochester, N.Y.	22	3:40:54
86	Cornelius Spotten, White Plains, N.Y.	48	3:41:21
87	Paul A. Robertson, Rochester, N.Y.	57	3:43:58
88	Tom Bradbury, Mohawk, N.Y.	17	3:44:33
89	Steve Taylor, Chestnut Hill, Mass.	23	3:45:37
90	Steven Czegledi, Rochester, N.Y.	24	3:47:27
91	Frank A. Atkinson, Penfield, N.Y.	31	3:47:35
92	Jim Patterson, Lockport, N.Y.	24	3:48:11
93	Nick Murphy, Bronx, N.Y.	19	3:54:02
94	Martin Haber, Montreal, Canada	29	3:55:20
95	Tom Vaccarella, Rochester, N.Y.	30	3:56:02
96	Thomas Lewis Holmes, Rochester, N.Y.	18	3:58:11
97	William M. Ribble, Rochester, N.Y.	31	4:00:00
98	James M. Henderer-Pena, Churchville, N.Y.	36	4:04:59
99	Scott Zierk, Depew, N.Y.	23	4:06:24
100	Frank W. Keene, Jr., Holley, N.Y.	30	4:07:23
101	Tony DeFusto, Fairport, N.Y.	37	4:08:06
102	Alden Stewart, Glen Rock, N.Y.	30	4:12:28

ROCHESTER MARATHON RESULTS OF 9/6/76 RACE CONTINUED

Order of Finish	Name and Address	Age	Time
103	Bruce J. Shapiro, Rochester, N.Y.	34	4:12:52
104	Linda A. Hansen, Spencerport, N.Y.	26	4:14:28
105	Tom Griswold, Hornell, N.Y.	19	4:16:49
106	Louis J. Carvotta, Rochester, N.Y.	46	4:19:01
107	Jeffrey Snyder, Arcade, N.Y.	16	4:19:51
108	D. P. McNally, Rochester, N.Y.	55	4:20:06
109	Ray Stanczak, Rochester, N.Y.	?	4:40:35
110	Joe McCart	57	5:37:16
The following did not finish, however, did pass checkpoint 20			
111	Don Verbridge	23	2:07:42
112	John Ahern Frankfort, N.Y.	26	2:11:23
113	Andrew C. Smith, Clarence, N.Y.	20	2:13:59
114	Dick Telarico, Henrietta, N.Y.	37	2:27:17
115	William Chicester, Mt. Morris, N.Y.	23	2:39:02
116	Gord Harthun, Hamilton, Ontario	21	2:39:58
117	Thomas J. Lonergan, Ithaca, N.Y.	28	2:39:59
118	Alan Gross, Buffalo, N.Y.	49	2:42:50
119	Anthony Kubera, Hamburg, N.Y.	25	2:43:31
120	Joe Tobolski, Hamburg, N.Y.	26	2:43:32
121	Tom Heiss, Fenfield, N.Y.	26	2:46:00
122	Bob Gray, Lockport, N.Y.	?	2:54:04
123	David Trout, Rochester, N.Y.	22	3:33:55
124	Roscoe Hastings, Rochester, N.Y.	36	3:49:30
125	Alan Birnhulz, Amherst, N.Y.	29	3:50:48
126	Dave Smereski, Rochester, N.Y.	26	3:54:10
The following did not finish, however, did pass checkpoint 15			
127	George Pfaffs, Stratford, Conn	26	1:23:15
128	Edward Bonavilla, Rochester, N.Y.	34	1:45:52
129	Scott Bagley, East Rochester, N.Y.	12	1:46:08
130	Bob Bobosz, Rochester, N.Y.	24	1:50:59
131	Michael Haun, Lockport, N.Y.	15	1:51:00
132	John Scuthall	31	1:52:50
133	Steve Turner, Beesport, N.Y.	23	2:02:00
134	Henry Gatson, Fairport, N.Y.	43	2:07:24
135	Albert W. Gaines, Fairport, N.Y.	15	2:07:38
136	Harold Edelson, Rochester, N.Y.	26	2:07:45
137	Captl James Simpson, Trenton, Ontario	42	2:14:58
138	Michael Moore, Pittsford, N.Y.	32	2:16:34
139	Norman Belli, Rochester, N.Y.	28	2:20:52
The following did not finish, however, did pass checkpoint 10			
140	James Mattison, Rochester, N.Y.	28	1:08:00
141	Alan Knauf, Pittsford, N.Y.	20	1:10:18
142	Joseph B. Graim, Fairport, N.Y.	36	1:10:45
143	Rick Hopkins, Fairport, N.Y.	32	1:13:09
144	Javier Berrocal, Rochester, N.Y.	29	1:13:46
145	Jim Hartford, Fairport, N.Y.	31	1:17:57
146	Michael McKain, Rochester, N.Y.	33	1:18:42
147	Susan Rowley, Rochester, N.Y.	?	1:20:51
148	Jim Yost, Fairport, N.Y.	43	1:20:56
149	Faul Heller, Rochester, N.Y.	26	1:28:34
150	Neal John Redmond, Kingston, N.Y.	20	1:34:37
151	Olney Clowe, West Falls, N.Y.	34	1:42:05

Robert Maynes, Fairport (23); Don Grim, Marion (41); Brett Yost, Fairport (8); Frank Logosh, Rochester (12) started & passed Chpt 5.

ROAD RUNNERS CLUB OF AMERICA CONSOLIDATED SCHEDULE - EASTERN REGION

RRC suggests you verify prior to traveling to race site.

<u>Date</u>	<u>Time</u>	<u>Location</u>	<u>Event</u>	<u>Contact</u>
1/29	1:30	Albany, N.Y.	30 kilo, 3 miles	PR
1/30	11:00	New York, N.Y.	4 mile	FL
2/06	12:00	Lake George, N.Y.	6 miles	PR
2/06	11:00	New York, N.Y.	20 miles	FL
2/13	12:00	Albany, N.Y.	20 mile, 6 mile, 3 mile	PR
2/20	11:00	Beltsville, Md.	Washington Birthday Marathon	BR
2/20	11:00	New York, N.Y.	30 kilo	FL
2/26	12:00	Albany, N.Y.	23, 20, 9, 3 miles	PR
3/06	12:00	Albany, N.Y.	Marathon	PR
3/06	12:00	Philadelphia, Pa.	Mid-Atlantic RRC Marathon	JM
3/06	11:00	New York, N.Y.	5 Mile	FL
3/12	1:30	Albany, N.Y.	6, 3, 1 miles (ETA races)	PR
3/13	----	New Haven, Ct.	Nat'l AAU Masters Indoor Tr Mt	RF
3/19	10:00	Virginia Beach, Va	Shamrock Marathon	BS
3/20	11:00	Schenectady, NY	Nat'l AAU 30 kilo Champs	PR
3/20	8:00	Mechanicsburg, Pa	100 kilo, Marathon	WG
3/26	----	Albany, N.Y.	Nat'l AAU Sr. & Masters 30 kilo	PR
3/27	1:30	Albany, N.Y.	23, 20, 6, 3 miles	PR
3/27	1:30	Searsdale, N.Y.	15 kilo	FL
4/03	9:00	Washington, D.C.	Cherry Blossom 10-mile	RG
4/09	12:00	New York, N.Y.	6 mile	FL
4/18	12:00	Boston, Mass.	Boston Marathon	WC
4/24	2:00	Yonkers, N.Y.	10 kilo	FL
FR	- Paul Rosenberg, 124 Daytona Ave., Albany 12203 (518) 489-6590			
BR	- Bob Rothenberg, 13-G Ridge Rd., Greenbelt, Md. (301)474-6759			
WC	- Will Cloney, Keystone Funds, 99 high St, Boston, Mass. 02104			
RF	- Robin Ficker, Bethesda, Md., 301 365-2921			
RG	- Ray Gordon, Rt. 2, Box 835, Front Royal, VA 22630 (703)635-8254			
WG	- Walt Greene, 431 Springhouse Rd. Camp Hill, Pa. 17011 (717)761-5178			
FL	- Fred Lebow, Box 881, FDR Station, NYC, NY 10022 (212)759-7116			
JM	- Joseph McIlhinney, 908 Cottman St., Philadelphia Pa 19111 (215) FL2-7600			
BS	- <u>Bill Simmons, 3117 Quimby Rd., Virginia Beach VA23452(804)3406377</u>			

ROAD RUNNERS CLUB OF AMERICA ANNUAL MEETING

Feb. 26, 1977 - Rodeway Inn, 2600 Market Street, St. Louis, Mo.

The Rodeway Inn is headquarters for all major events including the annual meeting, clinic, awards luncheon and race finish.

Kenny Moore and Ted Corbitt (former Olympians) will make an appearance and a video tape of the 1976 Montreal Olympic marathon will be shown. This tape was prepared by CBC using 9 cameras (ABC used 2) which produced a tape not to be missed so they say.

Inn rates (reduced) are \$21S, \$27D for early reservations.

Check with Bill Quinlisk for further information regarding events and agenda for sat and Sun, Feb 26 and 27.

RESULTS GRTC INDOOR MEET held at Eisenhower College 12/19/76

150 meter dash

1. Mike Baron GRTC 18.13*
2. Ron Hardy GRTC 18.2
3. Barry Jordan Mans. 18.6

300 meter dash

1. Elroy Turner GRTC 36.2*
2. Ron Hardy GRTC 38.2
3. Mike Baron GRTC 38.6

600 yard run

1. Bill Quinlisk GRTC 1:31.9*
2. Bill Brasington Mans. 1:32.8

1500 meter run

1. Wallis Lobb Mansfield Col 4:15.1
2. Bruce Quimby GRTC 4:22.1
3. Jim VanDerHolen GRTC 4:22.2

1500 meter Walk

1. Rich Merriam GRTC 7:51.3*

3000 meter run

1. Wallis Lobb Mans. 9:20.1*
2. Pete Clark GRTC 9:27.1
3. Steve Orner Mans. 9:38.2

1800 meter relay

1. Mansfield College 4:51.5*
 (67.8, 78.0, 75.5, 70.4)

*-indicates Fieldhouse Record

RESULTS GRTC WINTER ROAD RACE SERIES

12/5/76 1:00 pm RIT
 30 degrees, wind 15-20 mph
5 Mile

1. Steve Ketchum 34:45
2. John Blanchard 34:45.1
3. Bill Quinlisk 34:45.2

Dave Coyne missed start
 all GRTC

Next race: 2/6/77 1:00 pm
 RIT 5 & 10 Mile
 Road Race
 Snow or Shine

1st Sr.

1/2/77 1:00 pm Mendon Ponds
 20 degrees, wind 10-20 mph,
 course sloppy
7 Mile

1. Steve Nojeim Alden TC 38:30
2. Bruce Quimby GRTC 40:55
3. Gerry Benedict GRTC 41:49
4. Steve Reiner UN 43:42
5. Roger Tomasonis GRTC 44:04
6. Mark Essenolium GRTC 44:05
7. Paul Shanahan UN 44:37
8. Ed Farguhar UN 44:45
9. Rich Merriam GRTC 47:48
10. Tom Heiss UN 48:52
11. Linda Hansen UN 51:12
12. Bill Spindler GRTC 54:30

1st F.

1st W.

This Newsletter is written by our President, Bill Quinlisk and mailed to me for publishing and mailing. I apologize to all members for the delay in getting this issue into the mails. Masters were typed and ready to be run off, however, we found we didn't have enough paper to complete the job. Our Geneseo emergency supplier burned up or down (whichever) and the snow storm prevented a trip to the city - I had to work. Sorry for any inconvenience for missed meets, etc. Will try to do better next time.

DON'T FORGET to renew your AAU membership, which expired 12/31/76. before you participate in an AAU meet in 1977, you must renew. I have the application forms and membership cards. Send me your name and address and I will take it from there.

P.S. for those who might have noticed, there is no page 5.

Paul Gosell
 Secretary

1/19/77