

SPECIAL NOTICE TO ALL G.R.T.C. MEMBERS

Please take the time to read and consider this letter carefully. We need your help. The Board of Directors deliberated for a long time before deciding to come to the membership with this appeal. We think it is important and we hope you do too.

Recently the President's Commission on Olympic Sports headed by Gerald Zornow saw as one of the main problems facing clubs like ours the lack of adequate funding. This results in little financial support for grass-roots programs like ours, and meager or non-existent travel assistance to help athletes attend major meets. One of their suggestions to alleviate this problem was a request for support of amateur athletes and their clubs from the business community. As you probably would guess, most major "amateur" track and field clubs receive much funding and sponsorship from sources ranging from shoe companies to YMCA's to colleges and universities. We are probably one of the largest truly amateur clubs funded entirely by its membership of track and field enthusiasts.

We have approached several local industries concerning the possibility of some funding and/or sponsorship. The answer is always the same. They claim that some funding is possible but first they want to see what we are doing to help ourselves.

The G.R.T.C. has been growing by leaps and bounds in the past few years. Last year alone we nearly doubled our membership. As it now stands we have 776 members. We still have not increased our membership dues over this span although we have increased substantially the number of programs offered. We have done this with a more extensive organization and by increasing the number of volunteers. But there are some things that volunteer work just can't pay for. This is when the Board of Directors will budget and appropriate funds for that purpose. These moneys come out of the general club treasury. We have reached a time now; this month; this week; today; when a legitimate expense has arisen and we do not have the money to cover it. The Board of Directors was faced with a difficult problem and has arrived at this solution.

The problem at hand is getting our Cross-Country Touring Team to the National AAU Championships in Houston, Texas on November 26. But, more than that it is also the time to show these local companies that we are capable of and willing to help ourselves.

We are beginning a Fund Drive with pledges from the Board of Directors ranging from \$1.00 to \$5.00 to \$25.00 and on up. This money is needed now - the National X-C Meet is November 26. All donations are tax deductible and donors will be recognized by the club by certificate. If you can help, please do so.

The next thing you are probably going to ask is why should we spend money to send our X-C Team to the Nationals. The answer is that we are that good. With any luck at all, we should place in the top ten teams in the country. We have had the most successful season of any cross country team in G.R.T.C. history. We have won all our dual meets, including a victory over the Nittany Valley Track Club, one of the top ten teams in the nation last year.

This is a chance for the G.R.T.C. to do something on a national level. We have the talent to do it, all we need is the money. The publicity gained from a top ten finish in the Nationals may enable us to get some funding from local industry which will enable us to do more things for all the members of the club.

Another thing to consider is that some other clubs have been approaching some of our top athletes trying to get them to change clubs with offers of expense money. If we don't get these highly qualified athletes to the Nationals this year, we may lose some of our athletes to other clubs and never have a chance like this again.

We want the G.R.T.C. to be the best possible club for everyone from the slowest jogger and youngest age grouper to the top national caliber athlete.

We hope you will all respond immediately to this urgent appeal for funds.

TEAR OFF AND MAIL

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I wish to contribute \$ \_\_\_\_\_ to the G.R.T.C. Fund Drive.

Name \_\_\_\_\_ Denation Enclosed \_\_\_\_\_

Address \_\_\_\_\_ Will send \_\_\_\_\_

\_\_\_\_\_

Check one: GRTC Member \_\_\_\_\_

Non-Member \_\_\_\_\_

Please mail to our Secretary, Paul G. Gesell  
4472 Main Street  
Hemlock, N.Y. 14466

News of interest from some of our members:

DERCK FRECHETTE has relocated. His new address is 1071 Fairfield Avenue #42, Eugene, Oreg. 97402. Thanks, Derck, for your interesting letter and for your words of praise. We all wish you much success in your new endeavor. May your running times improve as a result of this change in climate.

Congratulations to GARY HORN on his running triumph in New Mexico. Gary now lives in Ramah, New Mexico 87321 (P.O. Box 383). He ran in the Albuquerque Marathon on 9/16 with a time of 2:43.25 for a third place finish.

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Should any of you know DION LUCKMAN (high school student in Roch. area), tell him he neglected to include his mailing address with his recent inquiry so we are unable to answer his letter.

CHUCK McATEER, 110 Fairhill Dr., Rochester 14618 is not receiving this Newsletter. His last one was returned marked "Incorrect Address" and same goes for DONALD L. GRIM, PO Box 457, Roch. 14602. (Did I recap the change you sent me incorrectly, Don.)

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To all of those new members who did not receive a membership card, our new cards were received last week. Will mail your cards this week. Should I miss any one, kindly drop me a line and I will see that you get yours immediately. (Paul Gesell, that is)

Also, to all of our members - new and old - please take note that we are unable to have available applications to all races. It has always been our practice to list the event with a contact person in each Newsletter. When you need race information and/or an applic. send your request to the contact person mentioned and always be sure to include a self-addressed, stamped return envelop.

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Results of the ROCHESTER MARATHON will be mailed to all participants as soon as the computer print-out and pictures are available. We hope this will be real soon.

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Sorry to again disappoint all you members interested in club records. Promise to include them in our next Newsletter. (Did have room for Women's this time.) We felt our plea for funds was very important at this time.

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A SPECIAL CONGRATULATIONS to the following finishers (from top ten list) in the High School Section 5 Cross Country meet at Alfred Almond on Saturday, October 29:

Girls - Class B	#1	Janine Mazurowski	17:48
Girls - Class A	#2	Beth Dwyer	
	#6	Ann Baitsholts	
	#8	Kari Horowicz	
	#9	Liz Taber	
Boys Class C	#4	Jamie Lawrence	
	#8	Jim Mazurowski	
Boys - Class A	#1	Jim VanDerMolen	14:22
	#7	Kurt Koremer	
	#9	Erick Hulme	
Boys - Class AA	#4	Chris Will	
	#5	Dave Yendrezski	

Also congratulations to all the other GRTC runners who did not finish in the top 10. Names not available at Newsletter time.

Brief minutes of the Board of Directors Meeting held 10/30/77 at 1:00 pm. at McQuaid:

Present: B. Quinlisk, P. Sadler, D. Winn, P. Gesell, S. Gesell, P. Clarke, J. Blanchard, J. Osborn, R. Tumasonis, D. Lashbrook along with B. Shapiro

1. AAU meeting to be held at Hilton-on-the-Campus at 9:15 am, Sunday, November 6. All are welcome to attend. P. Gesell and B. Quinlisk will represent the club.
2. Newsletter to be placed in mail immediately after AAU meeting. (To include complete Schedule of Events.)
3. Indoor schedule not finalized as yet. However, Eisenhower will be Sunday, January 22 and February 19 at 1:00 pm. Also Finger Lakes club has meets at Cornell second Sunday each month during December, January, February, and March.
4. Outdoor Winter Meet - A short "Run for Fun" - New Years Resolution Run - was discussed for January 1 with starting time approximately 11:00 am and location undecided. More on this later. (keep it in mind) (No, we are not kidding.)
5. Letter read from advertising agency from Boston who has a client wishing to sponsor a race during the summer. Will suggest the 3rd Sunday in May with location and distance to be announced later.
6. Election of officers discussed. Slate of officers will need to be prepared for election in May.
7. Rochester Marathan success discussed. Next year a co-chairman will be needed. Should you have an interest in this job, and wish to volunteer your services, contact Gene Osborn at 716-342-0308. He would love to hear from you.
8. X-C schedule updated. See attached schedule.
9. Money. Balance of meeting was taken up with discussion of ways of getting financial support for our projects.

Meeting adjourned at 3:00 pm.

Paul Gesell, Secretary

If you wish to serve on our Board of Directors - wish to suggest someone to serve on our Board - or wish to become an officer in the GRTC or just wish to become involved in a portion of our program, make your wishes known. As stated above, new officers will be elected in May.

Write to Paul Gesell or Bill Quinlisk. Paul's address is elsewhere in this Newsletter and Bill's is 84 Dorking Road, Rochester N.Y. 14610.

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WITH THE CHRISTMAS SEASON FAST APPROACHING, WHY NOT GIVE A GREATER ROCHESTER TRACK CLUB MEMBERSHIP. MEMBERSHIP CARDS COULD BE MAILED TO YOU IN TIME FOR CHRISTMAS AND THIS WOULD CERTAINLY HELP OUR RENEWAL CAMPAIGN - OR SUGGEST A MEMBERSHIP GIFT FOR YOUR FRIENDS.

GREATER ROCHESTER TRACK CLUB WOMEN'S RECORDS revised 8/3/77

50 Yard Dash	6.2	Karen Prue	1977
100 Yard Dash	11.3	Karen Prue	1977
100 Meter Dash	12.6	Karen Prue	1977
180 Yard Dash	21.4	Karen Prue	1977
200 Meter Dash	25.8	Karen Prue	1977
220 Yard Dash	25.8	Denise Long	1975
300 Yard Dash	37.7	Shirley Brownlie	1977
330 Yard Dash	43.1	Karen Prue	1977
400 Meter Dash	56.4	Laurie Stephens	1972
440 Yard Dash	56.7	Laurie Stephens	1972
500 Yard Run	1:16.1	Penny O'Brien	1977
550 Yard Run	1:24.1	Penny O'Brien	1977
600 Yard Run	1:27.7	Karen Soehner	1977
800 Meter Run	2:19.6	Anne Baitsholts	1977
880 Yard Run	2:20.3	Anne Baitsholds	1977
3/4 Mile Run	3:50.3	Beth Dwyer	1977
1500 Meter Run	4:44.1	Debbie Graim	1977
One Mile Run	5:08.0	Debbie Graim	1977
3000 Mile Run	10:22.0	Debbie Graim	1977
Two Mile Run	11:27.7	Debbie Graim	1977
60 Yd. Lows	9.5	Sandra Brooks	1977
100 Meter H.	16.8	Liz Jones	1977
120 Yd. Lows	21.0	Laurie Stephens	1972
880 Yard Relay (4 x 220)	1:52.7	Liz Jones, Anne Guerrein, Sandra Brooks, Karen Prue	1977
Mile Medley Relay (440,220,220,880)	4:29.8	Shirley Brownlie, Kathy Grover, Karen Prue, Penny O'Brien	1977
One Mile Relay	4:09.3	Rosemary Galambos, Karen Prue, Penny O'Brien, Shirley Brownlie	1977
High Jump	5' 1"	Kim Rose Sue Diederling	1977 1973
Long Jump	17' 4"	Marilyn Metherell	1965
Shot Put	39' 3"	Karen Breslin	1977
Discus	107' 11"	Karen Breslin	1977
Javelin	111' 1"	Karen Breslin	1977

CONGRATULATIONS TO ALL GRTC MEMBERS COMPETING IN THE STATE HIGH SCHOOL CROSS COUNTRY CHAMPIONSHIPS AT MALONE ON SATURDAY 11/5  
 PalMac

Especially to Jim VanDerMolen/who won the Class B - 15:18.5 - 3 mi course

Jamie Lawrence, York finishing 16th in Class C  
 and Joe Mulley to give the York team 2nd place

Beth Dwyer of Fairport 20th - Girls Class A

Janine Mazurowski of York 17th Girls B

RACE SCHEDULE

11/12 - Eisenhower Veterans Run, Eisenhower College	12 noon	FB
5.1 mi X-C Open, Women, Master - 3 mi HS boys & girls		
11/12 - 6 mi X-C P.A.L. - Niagara Falls NY	2 pm	RK
11/12 - Niag. AAU Jr. O. X-C Champ (M& F) Baldwinsville	10 am	CW
11/13 - MTRRA 10 mi Track Race - Scarborough Ont.	11 am	DL
11/13 - S.C.T.C. Age Group X-C - Barry Park	1 pm	NW
11/13 - S.C.T.C. European X-C - Tully, 5k, 10k team&mast.	1pm	NW
11/13 - JFK Memorial 3 mi Run - Olean	2pm	OJ
11/19 - Honeoye Falls 3 Mi R.R. Honeoye Falls HS	1 pm	QB
Open, Sen, Master, Women, H.S. Girls, H.S. Boys Awards to all finish.		
11/19 - Albion Elks 2 mi FunRun&10k M&F - Albion HS	12 noon	LC
11/19 - 10k X-C U.S.-Canada Masters - Toronto, Ont	2 pm	DK
11/20 - 4½ mi Eldredge Club Hdcp - Tonawanda	1 pm	MS
11/20 - MTRRA 20 & 30 k Scarborough Ont	11 am	JF
11/20 - Reg. IAAU Jr. O. X-C Champ. Baldwinsville	10 am	CW
11/24 - Kiwanis ½, 1½, 3, 5, 10mi Baldwinsville	10 am	cW
11/24 - 5.2 J.Y. Cameron Turkey Day - Buffalo	9 am	BY
11/27 - 2.4 mi Bdwy-Fillmore Merchants - Buffalo	10 am	BR
12/04 - MTRRA 10 mi RR - Scarborough, Ont	1 pm.	LB
12/04 - 10K X-C Niag AAU Sr. Champ - Baldwinsville	10 am	CW
12/16 - Age Group & H.S. Indoor Development - UofR	?	BQ
1/06 - " " " " " "	?	BQ
1/13 - " " " " " "	?	BQ
1/20 - H.S. Invitational Indoor	?	BQ
1/22 - G.R.T.C. Indoor Open - Eisenhower	1 pm	BQ
1/27 - H.S. Invitational Indoor - UofR	?	BQ
2/19 - Niagara AAU Men & Women Indoor Champ - Eisenhower	1 pm	BQ

CONTACTS

- F.B - Fred Bleiler, Eisenhower College, Seneca Falls, NY 13148
- R.K - Ray Kumm, 520 Hyde Pk. Blvd., Niagara Falls, N.Y.
- C.W - Chuck Wiltse, 7909 Glen Brook Dr., Baldwinsville NY 13027
- D.L.- Doug Laister, 1556 Warland Rd., Oakville Ont L6L 1N5
- N.W - Nick Wetter, 104 Gerald Lane, Baldwinsville NY 13027
- O.J.-Olean Jaycees, Box 223, Olean NY 14760
- Q.B - Bruce Quimby, 2191 Westside Dr, Rochester NY 14624 (594-2382)
- L.C - Larry Casey, 13747 Roosevelt Hwy, Waterport NY 14571 (682-3029)
- D.K - R.A. Kendall, 1306 Statler Bldg., Buffalo NY 14202
- M.S - Mark Sternin, 738 Fletcher St., Tonawanda NY 14150
- J.F - Jack Friel, 431 Military Trail #29, West Hill, Ont. M1E 4E8
- B.Y - Buffalo YMCA, 45 Mohawk St., Buffalo NY 14202
- B.R - Buffalo City Rec. Dept., City Hall, Buffalo NY 14202
- L.B - Lorne Buck, 19 Avonmore Sq., West Hill, Ont. M1E 1C8
- B.Q - Bill Quinlisk, 84 Dorking Rd., Rochester NY 14610

PARTIAL RESULTS OF GRTC CROSS COUNTRY TOURING TEAM DUAL MEET WITH SYRACUSE UNIVERSITY - NOVEMBER 5, 1977

#1 Tom Carter	26:51	Team Scores:
#2 Dave Coyne	27:40	GRTC
#3 Rich Saxton	27:58	Syracuse U
#4 Rog Tumasonis	28:07	
#5 Fran Verdoliva	28:12	

Complete results in next Newsletter.

MEMBERSHIP APPLICATION BLANK

Greater Rochester Track Club & Upstate New York Chapter - Road Runners Club of America (Member of the Niagara Association of the A.A.U. #031)

G.R.T.C. is for everyone whether you are a jogger, a person interested in regaining or maintaining physical fitness, a long distance runner or an outstanding track and field person, Indoor-Outdoor enthusiast, the year round young, old, man or woman or just a Track Nut. All that is required is an interest in running, jumping or throwing.

Members will receive a schedule of Eastern region (including Canada), area, and local races along with application blanks where available. A Newsletter will be mailed which will contain running publication information, race results a minimum of 8 times per year. You will be eligible to compete in G.R.T.C. closed competition and to represent the G.R.T.C. in open competition as long as you are a member of the A.A.U.

We sponsor races; Tuesday night closed summer track and field; A.A.U. Association Championship meets; Rochester Marathon; Fall X-country; Winter road races; indoor track meets; age group meets and try to keep you informed as to what is going on in the World of Running. On the national level, you will be a member of the Road Runners of America.

Name: \_\_\_\_\_ Phone: Code) \_\_\_\_\_

Address \_\_\_\_\_ Age \_\_\_\_\_  
Street City

State Zip Code A.A.U. No.

- \_\_\_ \$4.00 Student School: \_\_\_\_\_
- \_\_\_ \$6.00 Non-Student School last attended: \_\_\_\_\_
- \_\_\_ 10.00 Family Occupation: \_\_\_\_\_
- \_\_\_ 25.00 Sponsor
- \_\_\_ 100.00 Life (Individual)

List family members and ages on back.

Please return this application to: Paul G. Gesell, GRTC Secretary  
4472 Main Street  
Hemlock, N.Y. 14466

Make checks payable to Greater Rochester Track Club

NOTE: If you presently represent another track club and therefore only wish to receive the Newsletter (minimum of 8 issues), please complete the application below and return to Paul Gesell with the annual fee of \$4.00. You will be a member of the Road Runners of America.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Area Code Phone No.

Address: \_\_\_\_\_ Age: \_\_\_\_\_  
Street City

State Zip Code A.A.U. Club (if any)