

# Charles N. Sabatine

GRTC Hall of Fame - 2006

## **Bio:**

Born May 30, 1933

Grew up in Waterloo, NY

Served 4 years in U.S. Navy during the Korean Conflict

Became a math teacher and taught in Dansville and Henrietta. Also part-time math instructor at MCC and FLCC. Now retired but occasionally teaches Walk and Jog class at FLCC

Coached football, basketball, baseball, track, and cross-country

Married to Sara for 38 years. 4 children and 2 grandchildren.

## **Running career:**

Started at age 46 when Sara told him it would improve his golf game (it didn't)

Ran Philadelphia Marathon that year.

Has since run at least 160 marathons (does not keep count)

Marathon in each of the 50 states. Also in England and Canada.

Qualified for and ran 10 Bostons..

Best marathon time: 3:06 in Montreal

Ran Pikes Peak Marathon 2 or 3 times (can't really remember)

Has run ultramarathon distances of 50K, 100K, 50 miles, 24 hour runs, and 100 miles

Finished Leadville 100 at ages 56 and 57. Finished Western

States and Vermont 100's. Has been a pacer for other runners at Leadville and Vermont.

Volunteer at Leadville Marathons, bike races, Leadville 100

Runs almost every day. No injuries.



## **Hiking/climbing activities:**

Completed the 46 Adirondack High Peaks to become a 46er

Now close to completing the Winter 46

Has climbed many of the 14er's and 13er's in Colorado plus

Mt. Whitney and many highpoints of other states

Reached summit of Mt. Kilimanjaro in 2002

Climbed Ben Nevis in Scotland and has hiked in Switzerland.

Two years ago hiked across Grand Canyon from North Rim to South Rim in one day and hiked back the next day.

## **Race directing:**

Directed the Sweetheart Smorgasbord Race, a benefit for the East Bloomfield Congregational Church, every February for 22 years.

Twice directed 40 race around Canandaigua Lake benefiting Mercy Flight

Twice directed 6-hour track runs to benefit Mercy Flight

Co-directed first Canandaigua Lake 50 mile run.